



**COVID-19**



**Junta de Andalucía**  
Consejería de Salud y Familias  
SERVICIO ANDALUZ DE SALUD



**HOSPITAL  
UNIVERSITARIO  
CLÍNICO SAN CECILIO**

## Care for professionals with acute stress disorder

### Intensive Care Unit

#### BRIEFING



#### PURPOSE

Strengthen the safety and help control the pressure professionals are under, with specific focus on new hires.

#### WHERE

In each ROOM

#### WHEN

At the beginning of each shift

#### DURATION

10-15 minutes

#### WHO

- Intensive care medical specialists
- Resident medical interns
- Nurses
- Nursing care assistant technicians
- Safety coordinator

#### CONTENT

Regarding professionals:

- ✓ All have the necessary equipment
- ✓ Key aspects for using personal protective equipment (PPE)

Regarding patients:

- ✓ SBAR/ISOBAR
- ✓ Key points
- ✓ Allocation of patients and day planning



**Always include at least one good news**

*None of Us is as Good as All of Us*

*Ray Kroc*

<https://secondvictimscovid19.umh.es/>